**Standard or Sustainable Investing – Which Offers Better Performance for the Passive Investor?**

4 Sep 2020

**Daniel C Khajenouri, Jacob H Schmidt**Regent’s University London, Inner Circle, Regent’s Park, London, NW1 4NS, UK.

Contact address:   
[dkhajenouri@gmail.com](mailto:dkhajenouri@gmail.com) [schmidtj@regents.ac](mailto:schmidtj@regents.ac)

**Abstract:** This research report studies the risk-adjusted performance of the major international equity indices against their ESG screened equivalents (MSCI World, MSCI USA, MSCI Emerging Markets and MSCI Europe). The daily closing prices, returns, standard deviations and Sharpe ratio characteristics are analysed from 2013 to 2020. The current literature available from highly rated journals on the subject is also considered, which provided mixed results on the subject matter. We found no academic papers focussing specifically on analysing the performance of indices and their ESG screened equivalents. With this paper, we intend to fill this gap in the current research available.

We conclude that for the passive investor, choosing ESG screened indices over the conventional equivalent have consistently provided better risk-adjusted returns over the long-term period. These findings are robust with the consistently higher Sharpe ratios over the eight-year period for each index. We predict ESG investments may continue to outperform due to changing retail and institutional investor preferences.

**Keywords:** Sustainability; Passive; Investment; ESG; Asset; Management; Wealth

**Biography:** Daniel C Khajenouri BA (Hons) ACSI is a summer equity analyst with Fundsmith, MSc student at the University of St Andrews and a graduate of Regent’s University London; Jacob H Schmidt PhD MSc is Senior Lecturer and Deputy Head of the Faculty Centre for Applied Finance and Banking at Regent’s University London, Chief Executive Officer of Schmidt Research Partners Limited and Chief Investment Analyst at NLPFM.

**Word count:** 2703

**1. Introduction**

Sustainability has become a stronger and stronger theme in the asset management and wealth management industry. Global sustainable invested assets are valued at $30.7 Trillion, with a 26% annualised growth rate since 2012 (Global Sustainable Alliance, 2019). With Europe being the largest sustainable investor and Japan with the fasted growing market (Global Sustainable Alliance, 2019). Evidently, this style of investment is predicted to continue to grow (Boston Consulting Group, 2019). This is especially true with the millennial and gen z generation entering the investment space where climate change is an important issue for them (EY, 2017). See appendix one for data tables.



**Fig. 1.** Geographic Split of Sustainable Invested Assets  
(Global Sustainable Investment Alliance, 2019)



**Fig. 2.** Annualised Growth of Sustainable Invested Assets by Region 2012-2018  
(Global Sustainable Investment Alliance, 2019)

The large increase in Japan is due to pension funds incorporating a sustainable investment strategy.



**Fig. 3.** Geographic Growth of Sustainable Invested Assets ($Billions)  
(Global Sustainable Investment Alliance, 2019)

Sustainable investment remains a loosely defined term within the industry. Some investors offer ‘exclusionary screening’, which removes investments which are defined as non-sustainable business practises, for example, weapons and oil equities, this is the largest strategy by assets. Others may offer impact investments, designed to stimulate the underlying assets and create positive knock-on effects. For example, Vital Capital a private equity fund, invests in affordable housing, healthcare, water, agriculture and renewable energy while delivering returns for their investors (Vital Capital, 2020). ‘Sustainable themed investments’ are the largest growing segment (193% annualised), offering funds which contain ‘sustainable’ securities, such as renewable energy securities and green bonds (Pronina, 2019). See a summary of the growth of different strategies below.



**Fig. 4.** Growth of Sustainable Invested Assets by Strategy ($Billions)  
(Global Sustainable Investment Alliance, 2019)

As exclusionary investment is the largest strategy and is growing fast within the investment management and wealth management industry, we decided to measure the risk-adjusted returns of such investments against the standard indices which implement no such sustainable strategy. Sustainable strategies are predicted to become a larger part of investment and wealth management, especially with the gen z and millennial generations entering wealth and financial markets, who believe particularly strong about sustainability (EY, 2017). We believe this research will be extremely relevant for both the financial academic and institutional communities.

Divestments from non-sustainable assets are also increasingly becoming a trend for investment managers, wealth managers and retail investors alike. Blackrock, the largest investment manager in the world, with over $7 trillion in assets under management, announced divestment from fossil fuel companies after social pressure (Pettifor, 2020). If divestments and growing disinterest in non-sustainable securities continue, future market valuations of such companies will be affected negatively (Active Sustainability, n.d.), further providing a case for sustainable investment. We expect changing preferences and continued divestments to drastically change the landscape of financial markets as time goes on.

This report is structured in several parts, firstly analysing the current literature available on sustainable investment returns with identification of the research gap we intend to fill. Secondly, discussing the data selected and the research approaches chosen to reliably answer the research question. Thirdly, analysing this data to compare the risk-adjusted performance over time and note any trends, and lastly, identifying and concluding our findings on whether an ESG screened passive investment strategy has performed better.

This research design allows us to propose the following hypothesis:

**HO:** ESG screened indices do not outperform their conventional equivalent.

**HA:** ESG screened indices outperform their conventional equivalents.

**A screenshot of a cell phone

Description automatically generated**

**Fig. 5.** Conceptual Research Model

This subject has not been covered by the financial and environmental academic community. Our motivations for covering this topic is the lack of current and specific academic coverage on the topic and our own personal interest in sustainable investment and its relevant risk-adjusted returns.

**2. Literature Review**

A meta-analysis paper written by Gunnar Friede, Timo Busch & Alexander Bassen in the Journal of Sustainable Finance & Investment suggests that there is an empirical positive relationship between ESG and corporate financial performance. Roughly 90% of the studies suggested a positive relationship and the results also exhibit a stable long-term relationship between the two. The study looks into many regions, asset classes, non-portfolio and portfolio related studies. The study combines primary and secondary data from around 2,200 individual studies (Friede et al., 2015).

A paper written by Deutsche Bank investment researchers and an individual from Columbia University suggests that sustainable investment yields long-term performance for investors. This paper focusses on both passive investments and active managers. They found that ESG ‘best in class’ funds offer superior risk-adjusted returns if ‘well-executed’. Their meta-analysis looks into 56 academic papers, two literature reviews and four meta-studies. They found exclusionary investing offers mixed to neutral results and non-exclusionary companies comparably have lower levels of cost of debt and equity. They found the market rewards companies for environmental consideration, followed closely by corporate factors (Fulton et al., 2012).

A study completed by Felipe Arias Fogliano de Souza Cunha and Carlos Patricio Samanez, which was published in the Journal of Business Ethics demonstrates that sustainable securities on the Brazilian Mercantile, Futures and Stock Exchange have mixed performance. Sustainable investments did not achieve satisfactory financial performance for the period of December 2005 to December 2010. The results found that sustainable investments had better liquidity and lower risk but fell short when returns, Sharpe ratios, Treynor ratios, Sortino ratios and Omega was considered (de Souza Cunha and Samanez, 2013).

An analysis of the global performance of sustainable investments during the financial crisis was published in the Applied Financial Economics Journal. From 2004 to 2013, sustainable investments exhibited lower Sharpe ratios, and a relative decoupling of sustainable investing from markets during the crisis (Lean and Nguyen, 2014).

A study conducted on the popular sustainable indices was completed by Maria J. Charlo, Ismael Moya Ana and M. Muñoz. The paper looked into the financial variables of firms that are considered to be socially responsible. The research concluded that socially responsible firms obtain higher profits margins while taking on the same systematic risk. They also exhibit greater sensitivity to the market, leverage levels and company size (Moya et al., 2015).

There are mixed results from the current literature available on the performance of sustainable investments over their conventional equivalents. This is due to a few reasons, however predominately because of the large amount and variety of securities that can be defined as a sustainable investment. Also, the loose definitions of ‘sustainable’, ‘ESG’ and ‘socially responsible’ companies damage the empirical validity of many of the studies.

The current literature available lacks research focussing on global exclusionary indices (which excludes companies associated with controversial, civilian and nuclear weapons and tobacco, that derive revenues from thermal coal and oil sands extraction and that are not compliant with the United Nations Global Compact principles.) and their conventional equivalents. We intend to fill this gap in the research with a focus on examining whether a passive investor would achieve improved risk-adjusted performance through sustainable exclusionary investment.

**3. Data**

Because exclusionary investment funds are the most popular form of sustainable investment, we are focussing on the major exclusionary indices against the conventional equivalents. The following ESG screened indices replicate their conventional version but exclude all companies that are: Associated with controversial, civilian and nuclear weapons and tobacco, that derive revenues from thermal coal and oil sands extraction and that are not compliant with the United Nations Global Compact principles.There are other ESG compliant indices which use different index construction methodologies, e.g. the MSCI ESG Leaders indices. These MSCI indices are non-investible, however, there are ETFs offered by Blackrock and Invesco which replicate them.

To answer the research question we used eight variables, focussing on the major global investment markets (Developed world, USA, emerging markets and Europe): MSCI USA Total Return Index (Bloomberg Terminal, 2020), MSCI USA ESG Screened Total Return Index (Bloomberg Terminal, 2020), MSCI World Total Return Index (Bloomberg Terminal, 2020), MSCI World ESG Screened Total Return Index (Bloomberg Terminal, 2020), MSCI Emerging Markets Total Return Index (Bloomberg Terminal, 2020), MSCI Emerging Markets ESG Screened Total Return Index (Bloomberg Terminal, 2020), MSCI Europe Total Return Index (Bloomberg Terminal, 2020) and MSCI Europe ESG Screened Total Return Index (Bloomberg Terminal, 2020).

All securities are daily closing prices, priced in $US dollars and are from 01/01/2013 to 01/01/2020.



**Fig. 6.** Rebased Indices Time-Series  
(Bloomberg Terminal, 2020)

The following table shows the daily percentage returns of the conventional and ESG screened indices. ESG time-series’ broadly speaking exhibit higher momenta with skew and kurtosis. Using these statistics along with the Jarque-Bera test statistic and p-value, we can reject normality and estimate asymptotic distribution.

A screenshot of a cell phone

Description automatically generated

**Fig. 7.** Daily Returns of Index Values  
(Bloomberg Terminal, 2020)

**4. Research Method**

A reliable research design was constructed with reputable sources and a variety of literature from highly rated academic journals to support our conclusions and provide context. Ethical consideration must always be considered in research, but as we are not conducting primary research and collecting from accurate and reputable secondary sources, serious ethical consideration is not necessary.

Each conventional index performance is measured against its ESG screened equivalent. The performance is observed on a year on year basis and total return basis over the seven-year period, any alpha is noted. To measure and compare risk, standard deviations of the indices are observed to measure any differences in volatility over the same periods. Lastly, to effectively measure the risk-adjusted performance of the securities, Sharpe ratios of the indices are calculated and compared. The $US 3-month treasury bill of the time is used as the risk-free rate in all calculations.

This method provides strong quantitative conclusions on the historical performance of exclusionary sustainable investment performance.

**5. Findings**

Our analysis shows that the ESG screened indices mostly have exhibited positive alpha over their conventional equivalents. See below for all alpha deriving from the sustainable indices versus their conventional equivalents. See appendix two for full performances tables. Green highlight represents ESG outperformance.

**A screenshot of text

Description automatically generated**

**Fig. 8.** Alpha of ESG Screened Indices over their Conventional Equivalents  
(Bloomberg Terminal, 2020)

As seen above, every exclusionary index outperformed their conventional equivalent over the long-term period, reaching alpha as high as 5.61% in the USA. If one were to hold an equally weighted portfolio of the exclusionary indices, they would outperform the conventional equivalent every year apart from 2018 and 2016. Where every ESG screened fund underperformed in 2016, is when President Trump unexpectedly won the US election, perhaps an interesting observation.

For comparable standard deviations of the indices, see appendix four. The data statistically exhibits that the conventional indices have historically offered a lower risk investment. However, this doesn’t necessarily mean that sustainable investments are riskier. This is because the exclusionary indices chosen in the research contain fewer holdings than their conventional equivalents and exclude entire industries. For example, MSCI USA has 636 constituents, while the MSCI USA ESG Screened index has 598 constituents, offering a lesser diversified investment. Therefore, for measuring risk, this data lacks validity. See appendix three for a full list of the number of constituents of each index.

The second major result is the improved Sharpe ratio of ESG screened indices. The table shows annual Sharpe ratios along with the Sharpe ratio for the entire period. The green shaded areas show a higher relative Sharpe ratio.

**A screenshot of a cell phone

Description automatically generated**

**Fig. 9.** Sharpe Ratios of all Indices (using Annualised Standard Deviations)  
(Bloomberg Terminal, 2020) (Sharpe, 1994)

As seen above, regardless of the more volatile exclusionary indices, they consistently exhibit a higher Sharpe ratio. This reinforces hypothesis HA that passive sustainable investments have consistently outperformed the conventional equivalents. Most Sharpe ratios exhibit a t-test significance at the 1% level. For statistical significance, we believe a simple t-test is sufficient for the Sharpe ratios.

**6. Final Remarks**

The results confirm our hypothesis that exclusionary sustainable investment indices perform better than the conventional equivalents for the passive investor.

We conclude that the volatility results lack validity due to the exclusionary indices having fewer constituents and offering fewer industries, the ESG screened indices are a less diversified index and therefore inherently carries more risk. Both the returns of the ESG screened indices and the Sharpe ratios outperform the standard indices over the long-term. We believe this paper can have implications on the future investment strategies of the investment management and wealth management industries.

We can expect this trend of ESG screened investment outperformance to continue due to two reasons:

* Continued divestments from retail and institutional investors.
* The next generation of investors (millennials and generation z) interest in sustainable investments and their subsequent rise of influence in financial markets directly, and indirectly through the investment management and wealth management industries.

Future research will focus on other ESG investment strategies.

**7. References**

Activesustainability.com. (n.d.). *Sustainable investment and divestment*. [online] Available at: https://www.activesustainability.com/opinion/sustainable-investment-and-divestment-i/ [Accessed 8 Feb. 2020].

BCG.com. (2019). How Sustainable Finance Is Shifting the Future of Investing. [online] Available at: https://www.bcg.com/capabilities/social-impact/how-sustainable-finance-is-shifting-future-of-investing.aspx [Accessed 8 Feb. 2020].Bloomberg Terminal. (2020). Bloomberg. Charlo, M.J.,

de Souza Cunha, F.A.F. and Samanez, C.P., 2013. Performance analysis of sustainable investments in the Brazilian stock market: a study about the corporate sustainability index (ISE). Journal of business ethics, 117(1), pp.19-36.

EY.com. (2017). Sustainable investing: the millennial investor. [online] Available at: https://www.ey.com/Publication/vwLUAssets/ey-sustainable-investing-the-millennial-investor-gl/$FILE/ey-sustainable-investing-the-millennial-investor.pdf [Accessed 20 Jan. 2020].

Friede, G., Busch, T. and Bassen, A., 2015. ESG and financial performance: aggregated evidence from more than 2000 empirical studies. Journal of Sustainable Finance & Investment, 5(4), pp.210-233.

Fulton, M., Kahn, B. and Sharples, C., 2012. Sustainable investing: Establishing long-term value and performance. Available at SSRN 2222740.

Global Sustainable Alliance (2019). 2018 Global Sustainable Investment Review. [online] Global Sustainable Alliance. Available at: http://www.gsi-alliance.org/wp-content/uploads/2019/06/GSIR\_Review2018F.pdf [Accessed 10 Jan. 2020].

Lean, H.H. and Nguyen, D.K., 2014. Policy uncertainty and performance characteristics of sustainable investments across regions around the global financial crisis. Applied Financial Economics, 24(21), pp.1367-1373.

Moya, I. and Muñoz, A.M., 2015. Sustainable development and corporate financial performance: a study based on the FTSE4Good IBEX Index. Business Strategy and the Environment, 24(4), pp.277-288.

Pettifor, A. (2020). BlackRock gets praise for coal divestment. What it really needs is regulation | Ann Pettifor. [online] the Guardian. Available at: https://www.theguardian.com/commentisfree/2020/jan/16/blackrock-coal-divestment-regulation-fund-manager [Accessed 1 Feb. 2020].

Pronina, L. (2019). What Are Green Bonds and How ‘Green’ Is Green?. [online] Bloomberg.com. Available at: https://www.bloomberg.com/news/articles/2019-03-24/what-are-green-bonds-and-how-green-is-green-quicktake [Accessed 13 Feb. 2020].

Sharpe, W.F., 1994. The Sharpe Ratio. Journal of Portfolio Management, 21(1), pp.49-58.

Vital-capital.com. (2020). Vital - Investing for meaningful outcomes and strong returns. [online] Available at: https://www.vital-capital.com [Accessed 14 Jan. 2020].

**8. Appendix**

Appendix One – Global Sustainable Investments Data

A screenshot of a cell phone

Description automatically generated

**Fig. 10.** Sustainable Investment Growth by Region  
(Global Sustainable Investment Alliance, 2018)

A screenshot of a cell phone

Description automatically generated

**Fig. 11.** Sustainable Investment Growth by Strategy  
(Global Sustainable Investment Alliance, 2018)

Appendix Two – Performance of All Indices

A screenshot of text

Description automatically generatedA screenshot of a cell phone

Description automatically generated

**Fig. 12.** Year on Year and Total Returns of all Indices  
(Bloomberg Terminal, 2020)

Appendix Three – Number of Constituents of all Indices

A screenshot of text

Description automatically generated

**Fig. 13.** Number of Constituents from all Indices  
(Bloomberg Terminal, 2020)

Appendix four – Standard Deviations of all Indices

**A screenshot of text

Description automatically generated**

**Fig. 14.** Daily and Annualised Standard Deviations of all Indices  
(Bloomberg Terminal, 2020)